

Medication Problem A.C.T.I.O.N. Plan

A Resource Guide for Home Support Workers



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What **A.C.T.I.O.N.** means:

- A** Assess/observe the situation
- C** Contact your supervisor
- T** Talk to family member if present
- I** Identify how you can help
- O** Open the chart and document
- N** Note to follow-up

The purpose of the resource guide is to provide direction when you have identified possible medication-related problems.

Each section of the screening tool and the resource guide is colour coded. If a problem is identified on the screening tool, go to the corresponding colour section of the resource guide and follow the A.C.T.I.O.N. plan.

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■ PROBLEMS TAKING MEDICATION CORRECTLY
(5 RIGHTS)

Any problems . . .

Have you noticed any of the following behaviours that might suggest that the client has not taken his/her medication correctly?

Right Patient:

- Client is taking medication prescribed for someone else

Right Medication:

- Client took the wrong medication

Right Dose:

- Client took the wrong dose (e.g., too little/too much medication or no medication taken)

Right Time:

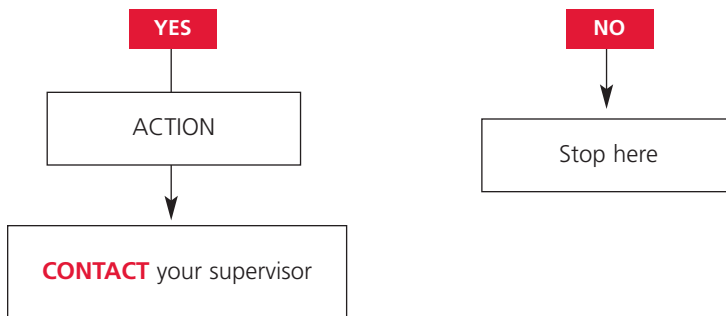
- Client took the medication at the wrong time

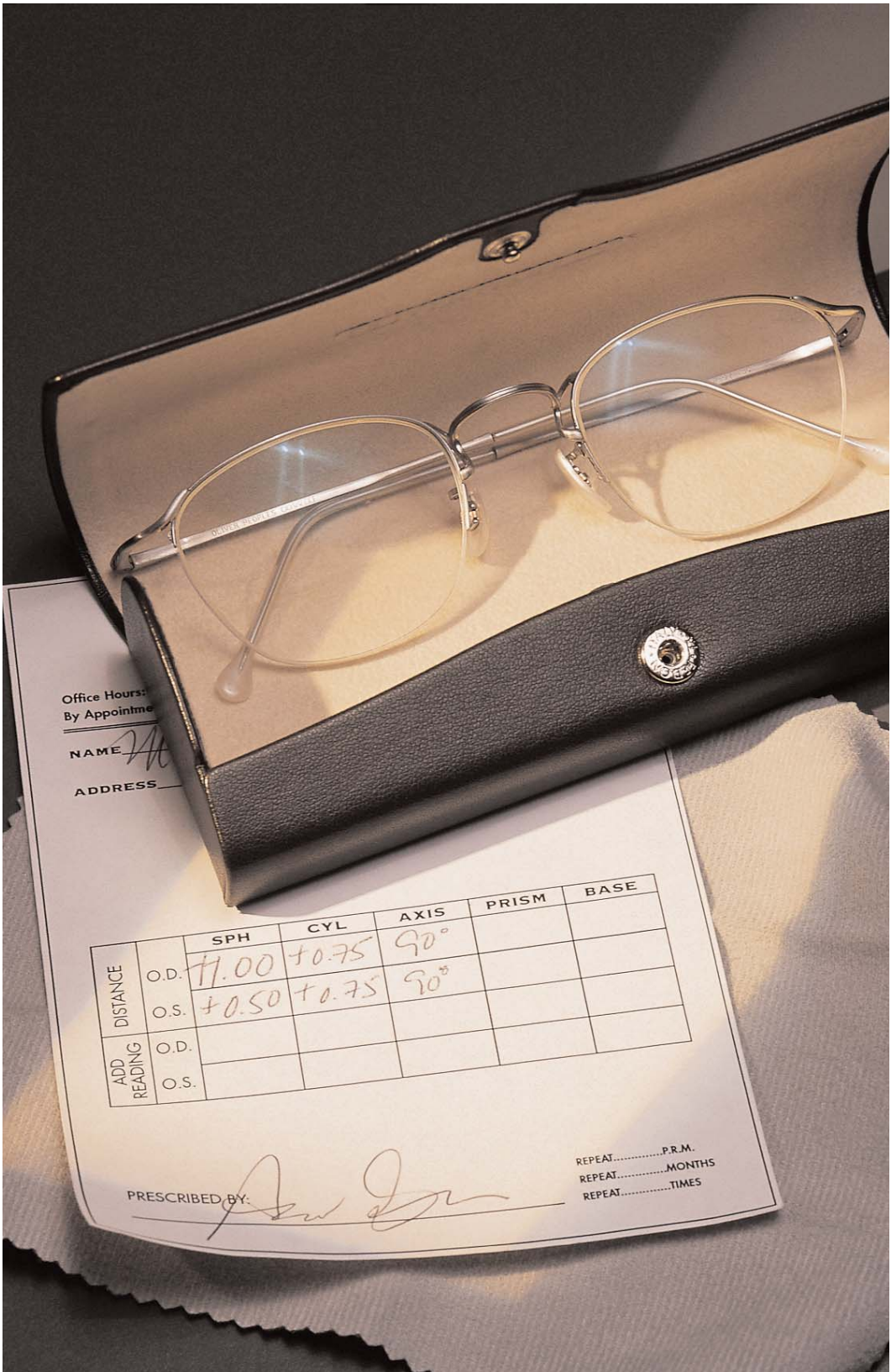
Right Route:

- Client used the wrong method/way to take medication*

* **An example of wrong method/way:**

- Client did not take wrapping off the suppository before inserting it





Office Hours:
By Appointment

NAME

ADDRESS

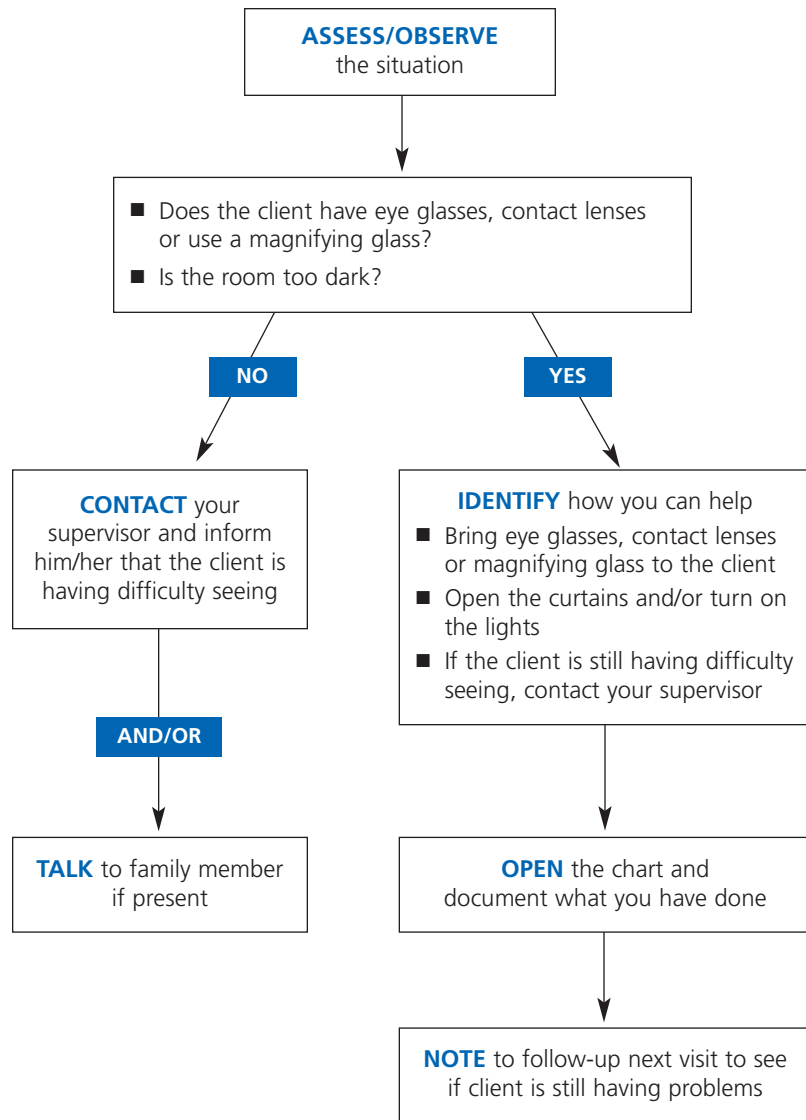
		SPH	CYL	AXIS	PRISM	BASE
DISTANCE	O.D.	+1.00	+0.75	90°		
	O.S.	+0.50	+0.75	90°		
ADD READING	O.D.					
	O.S.					

PRESCRIBED BY:

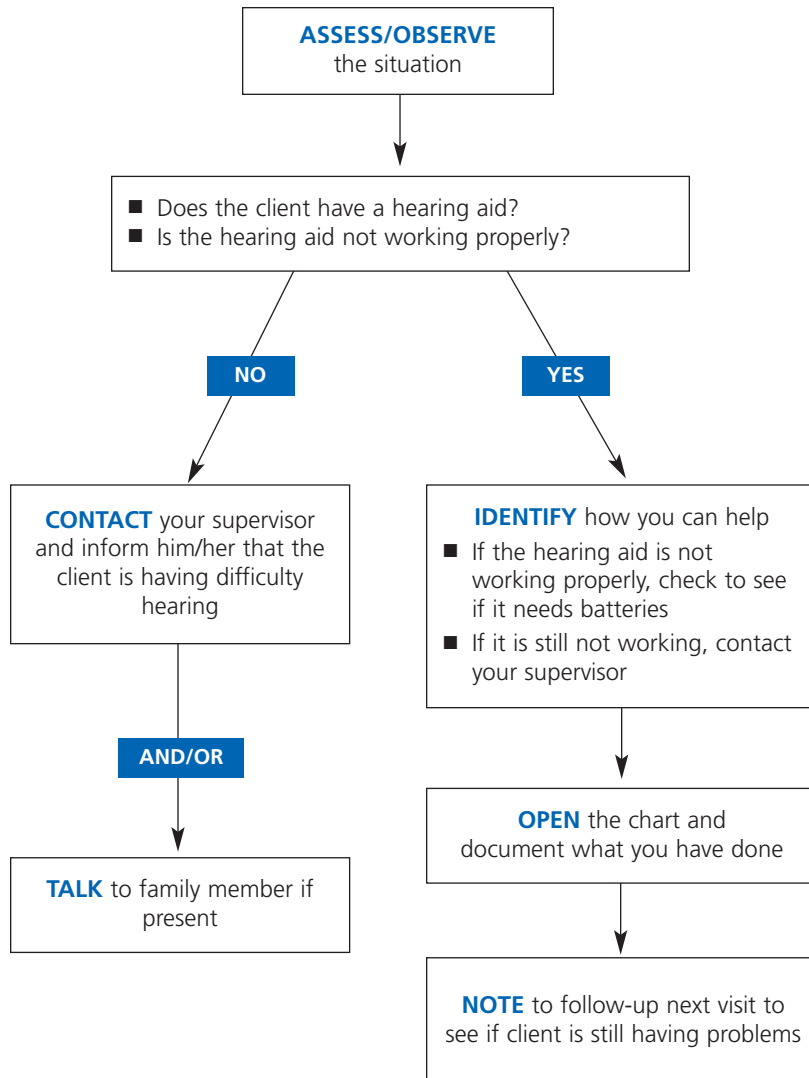
REPEAT.....P.M.
REPEAT.....MONTHS
REPEAT.....TIMES

■ PHYSICAL OR COGNITIVE PROBLEMS

Client has difficulty seeing

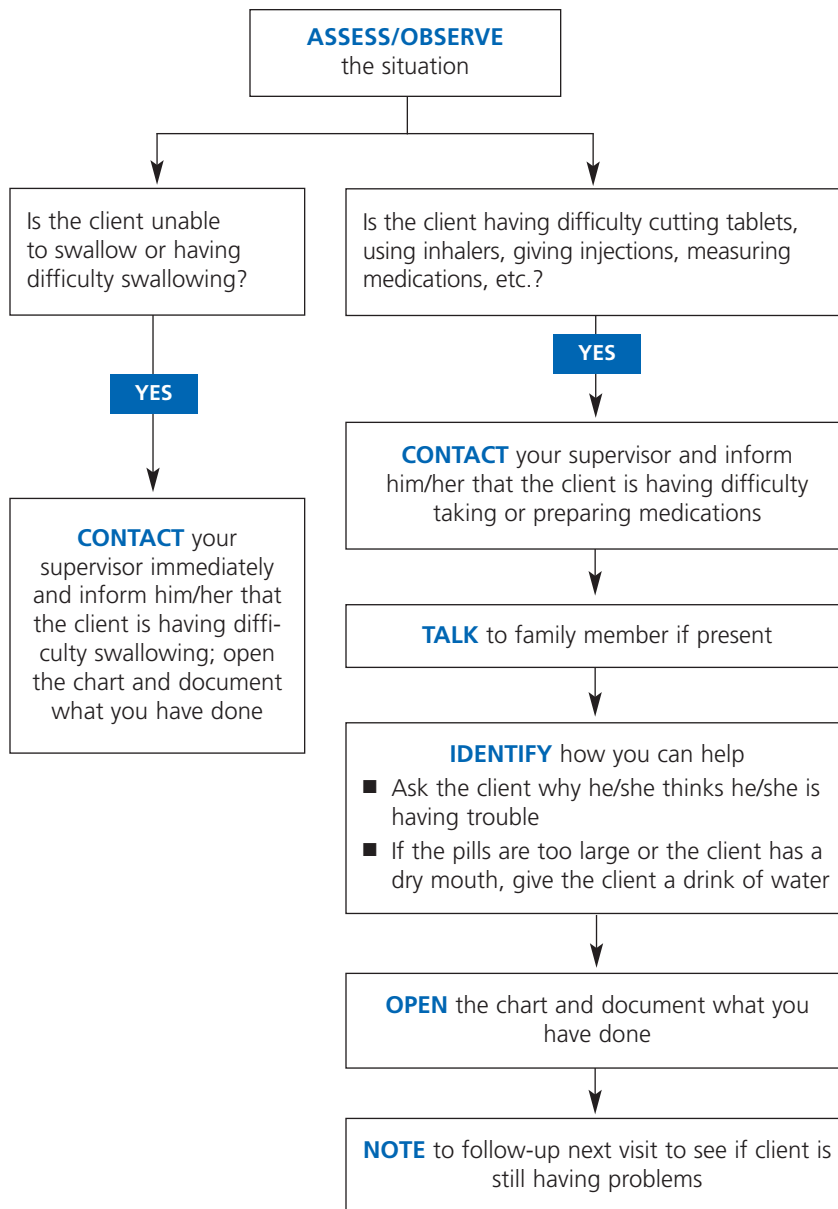


■ PHYSICAL OR COGNITIVE PROBLEMS

Client has difficulty hearing

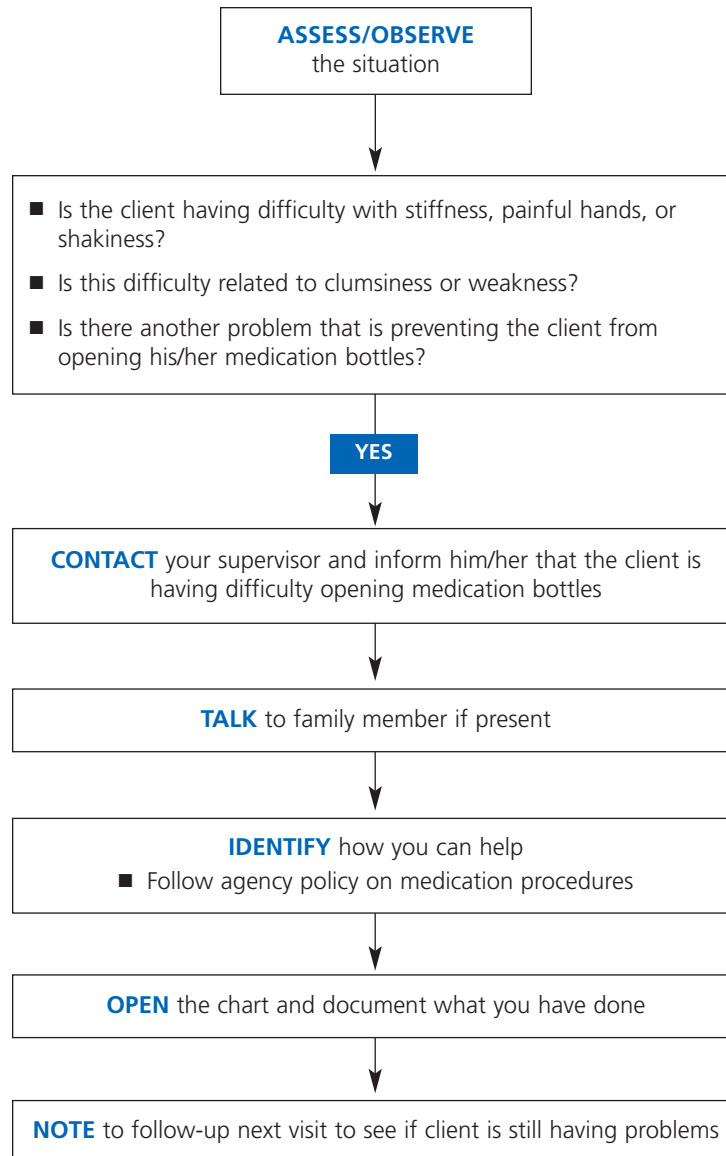
■ PHYSICAL OR COGNITIVE PROBLEMS

Client has difficulty taking or preparing medication



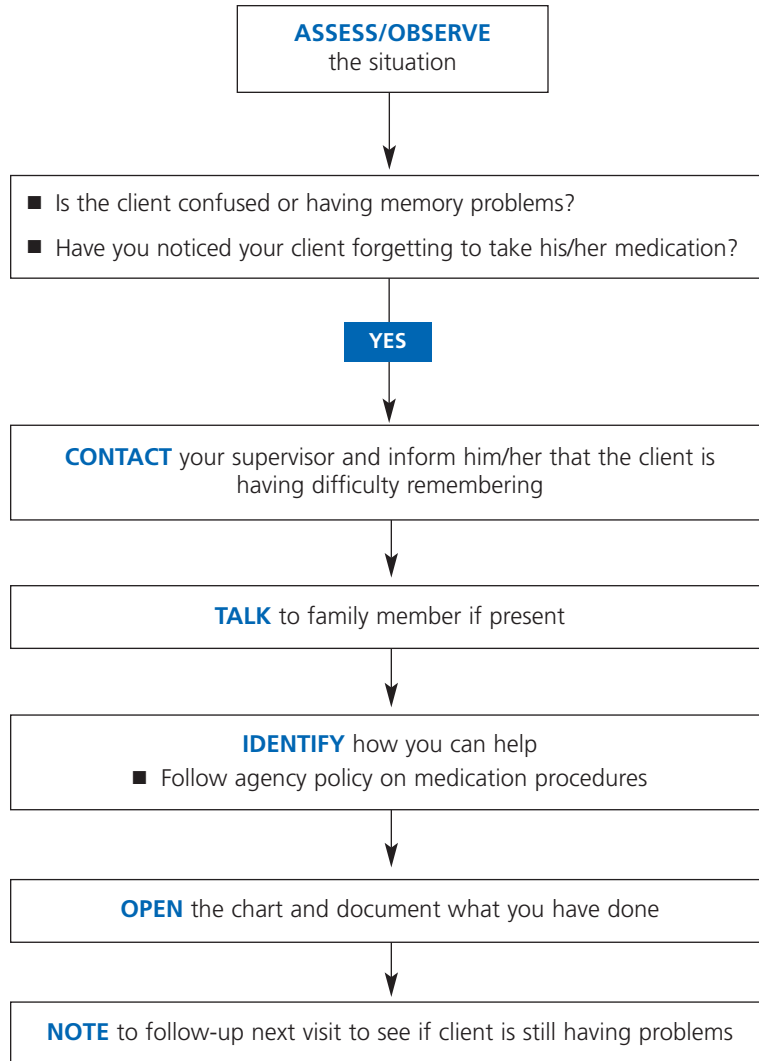
■ PHYSICAL OR COGNITIVE PROBLEMS

Client has difficulty opening medication bottles



■ PHYSICAL OR COGNITIVE PROBLEMS

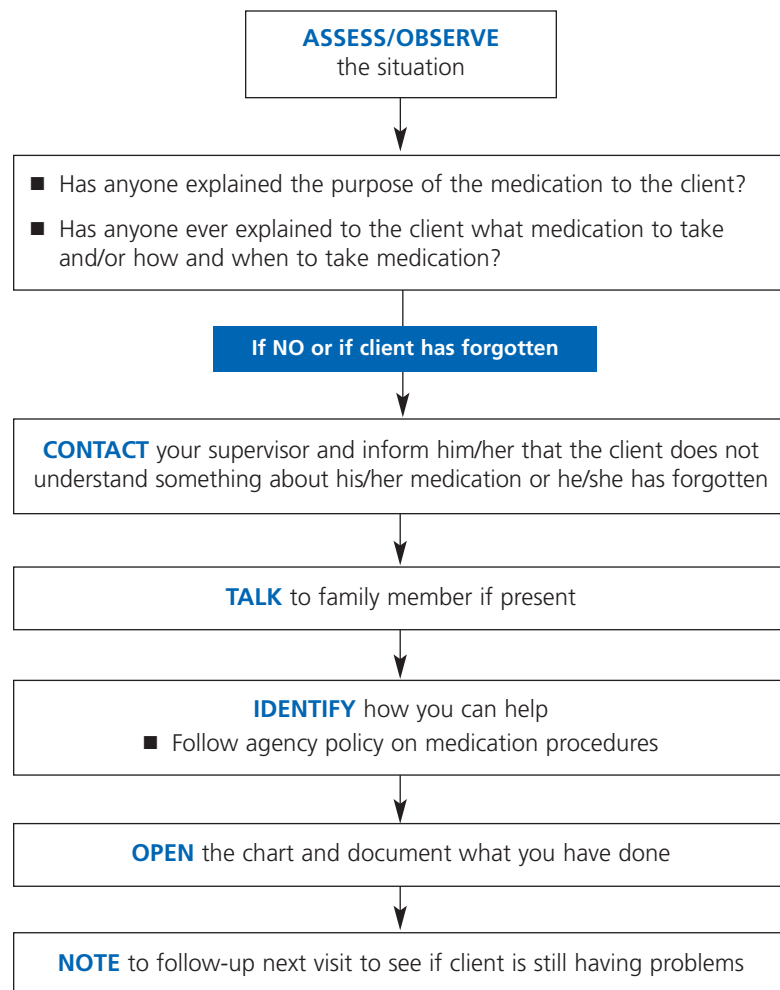
Client has difficulty remembering



■ PHYSICAL OR COGNITIVE PROBLEMS

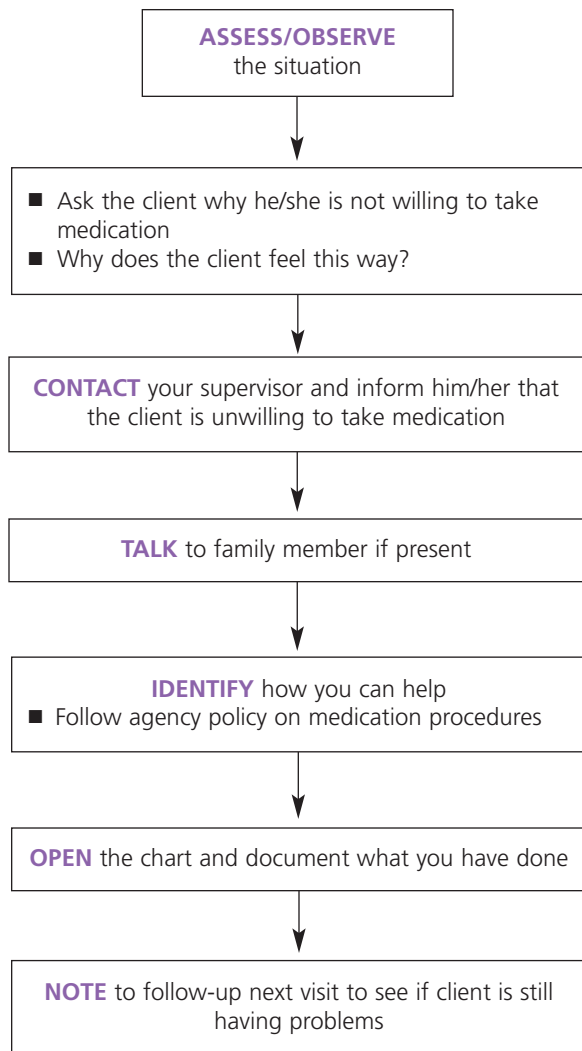
Client does not understand

- the purpose of medication
- what medication to take
- how/when to take medication

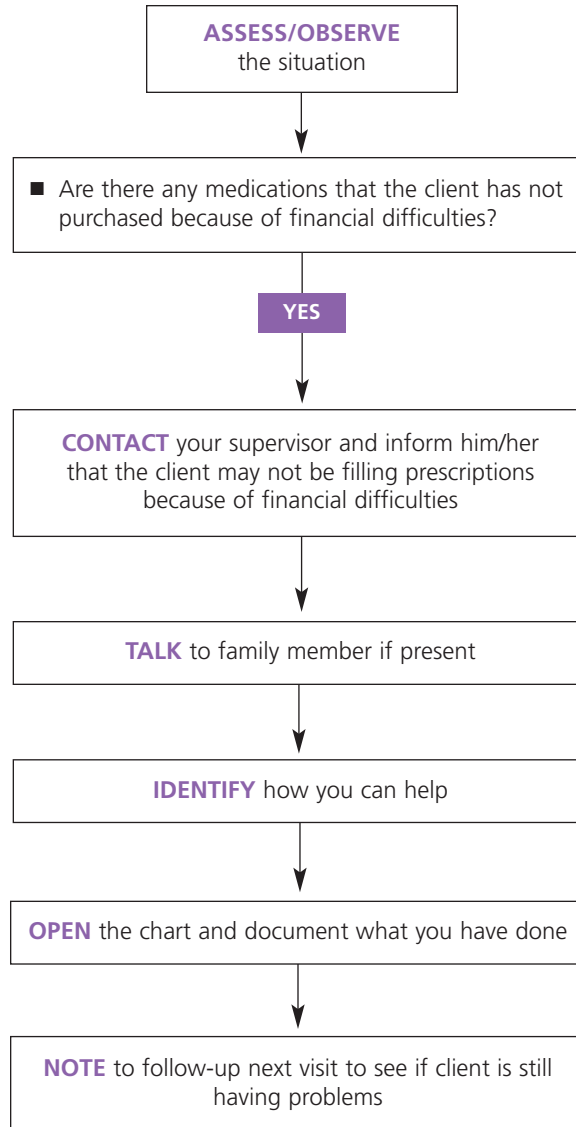


■ BARRIERS AND OTHER PROBLEMS

Client unwilling to take medication as prescribed

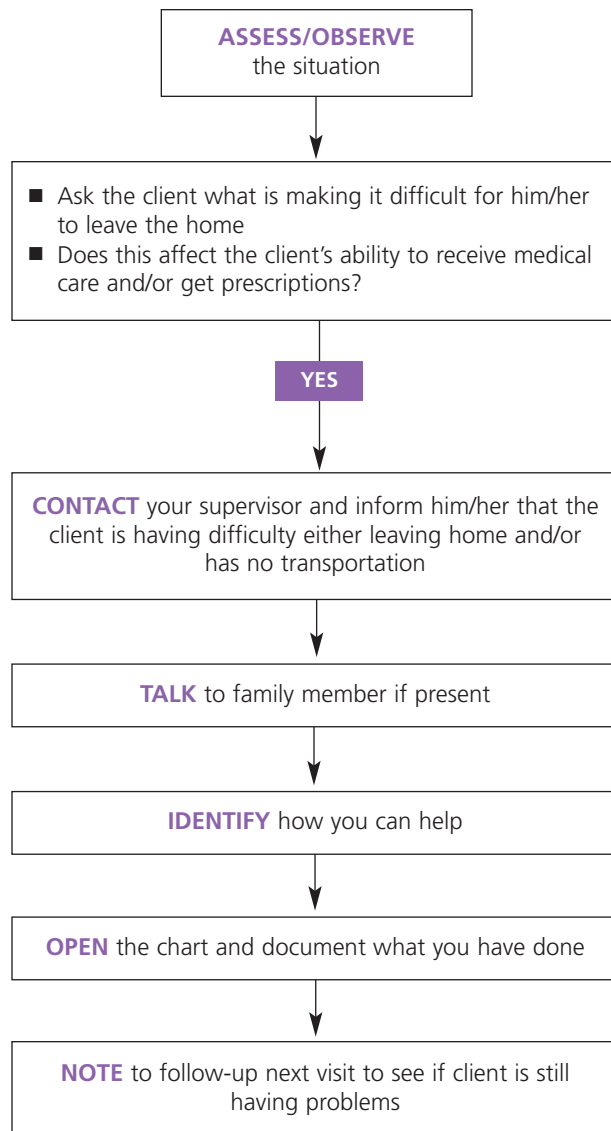


■ BARRIERS AND OTHER PROBLEMS

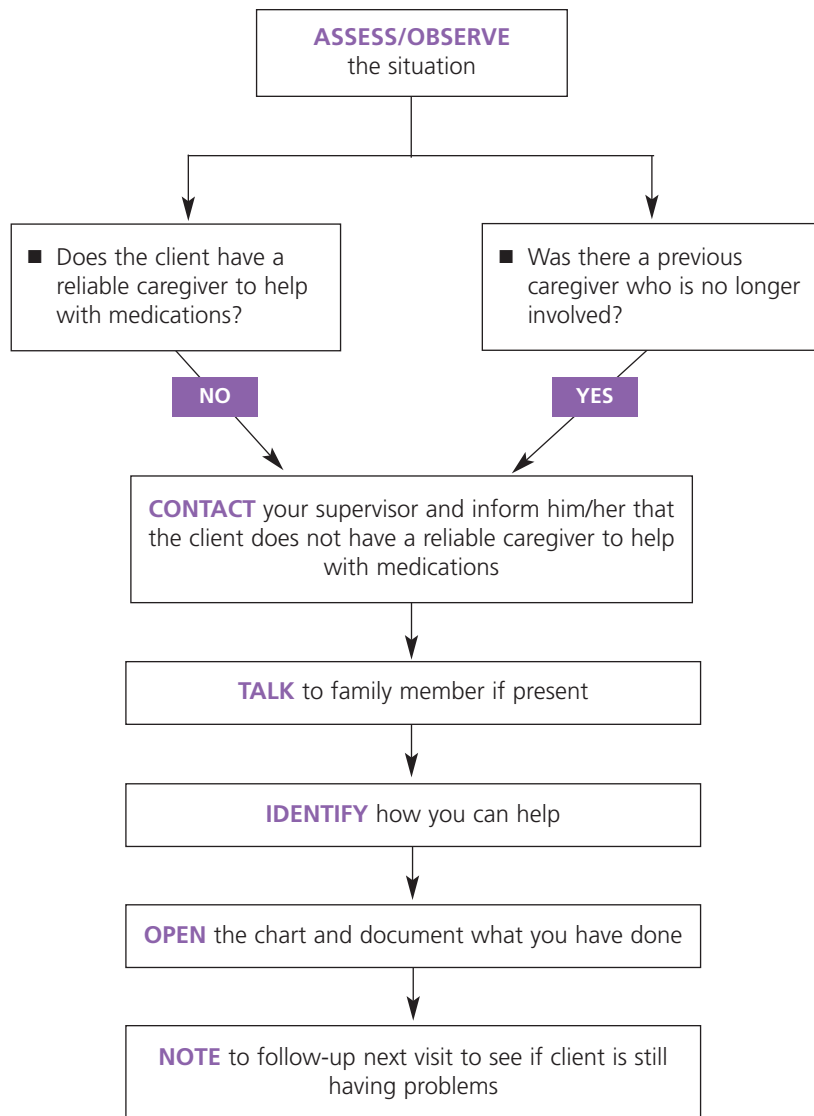
Client has financial difficulty paying for prescriptions

■ BARRIERS AND OTHER PROBLEMS

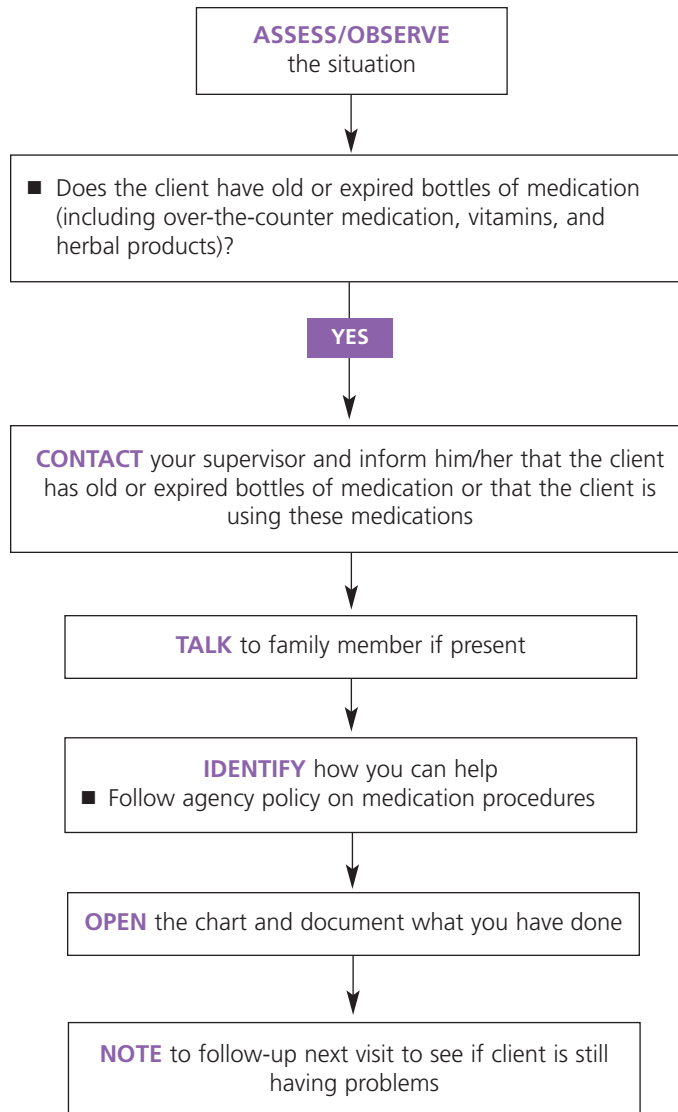
Client physically unable to leave home or has no transportation



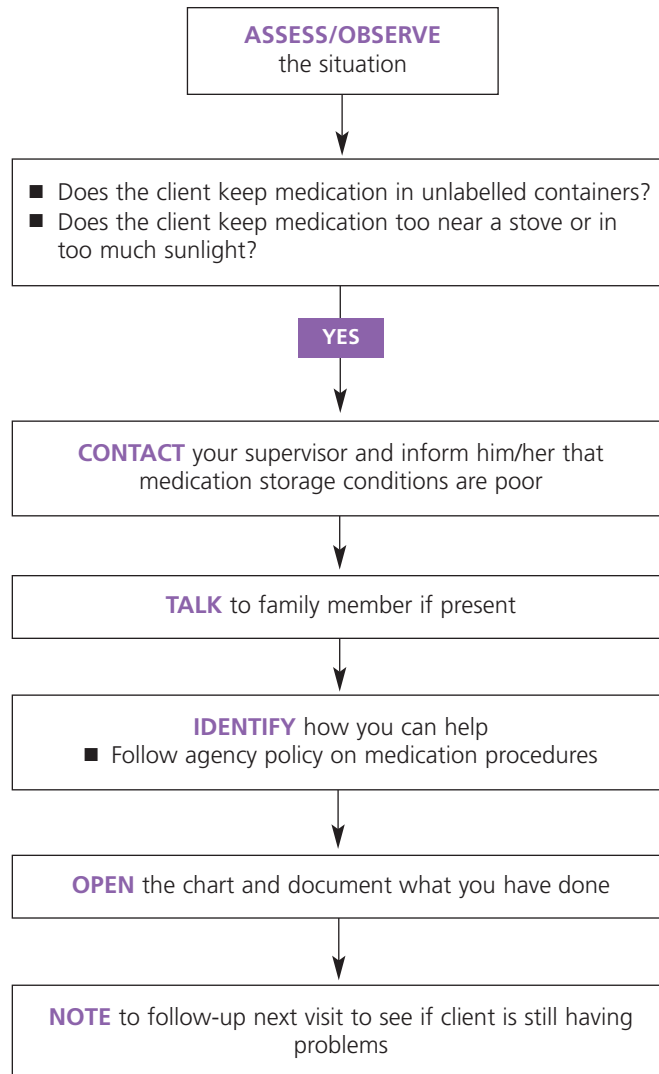
■ BARRIERS AND OTHER PROBLEMS

Client needs more caregiver support with medication

■ BARRIERS AND OTHER PROBLEMS

Client keeps old or expired bottles of medication

■ BARRIERS AND OTHER PROBLEMS

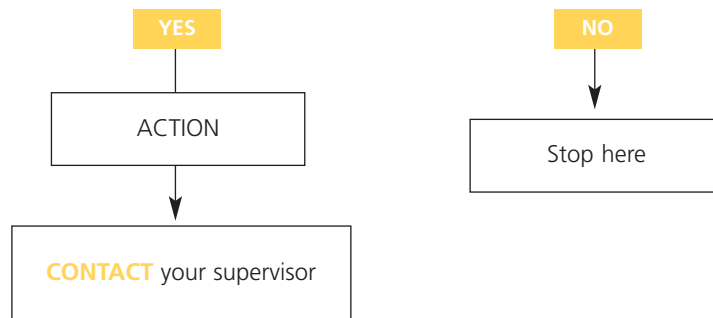
Client has poor storage conditions of medication

■ CHANGE IN CLIENT CONDITION

Any changes . . .

Have you noticed any changes in your client's condition?

- Change in bowel patterns (diarrhea, constipation, gas)
- Change in bladder patterns (frequency, odour, colour)
- Change in behavior, memory, mood, or thinking pattern
- Change in mobility (problems with walking, standing up, dizziness, falling)
- Change in appetite (increased/decreased appetite, nausea, dry mouth, thirst)
- Change in energy level (more tired than usual or more energy than usual)
- Change in sleeping pattern (difficulty staying awake/falling asleep)
- Change in comfort level (unusual discomfort, pain, headache)
- Other _____

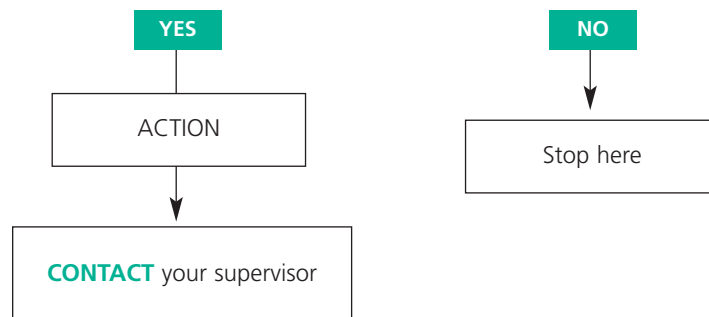




■ CHANGE IN CLIENT MEDICATION

Any changes . . .

Are you aware or have you been informed of any recent changes in the client's medication either after a visit to the doctor or discharge from the hospital?



This program was developed by the Canadian Pharmacists Association in collaboration with the Canadian Association for Community Care and Canada's Association for the Fifty-Plus. The project was funded by the Population Health Fund, Health Canada.

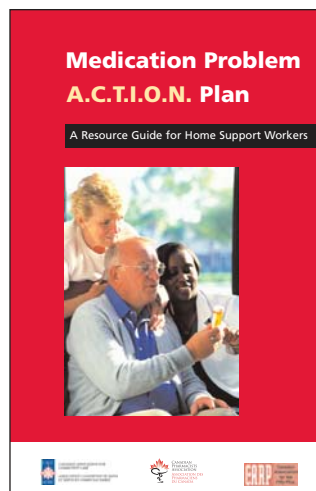
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The Medication Problem A.C.T.I.O.N. Plan kit contains information representing the opinions and experience of health care professionals who developed the program. Every effort has been made to provide useful and accurate information. However, the Canadian Pharmacists Association, the Canadian Association for Community Care and Canada's Association for the Fifty-Plus are not responsible for the use or the consequences of the use of the information in this program. Users are advised that the information presented is not intended to be all inclusive. Consequently, health care professionals and other users of the program are encouraged to seek additional and confirmatory information to meet their practice requirements as well as the information needs of their patients.

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medication
problems*

